

# ARSC FAMILY TOOLKIT

ANTI-RACISM SUBCOMMITTEE OF EMSB PARENTS COMMITTEE



## THEME: ISLAM AND ISLAMOPHOBIA



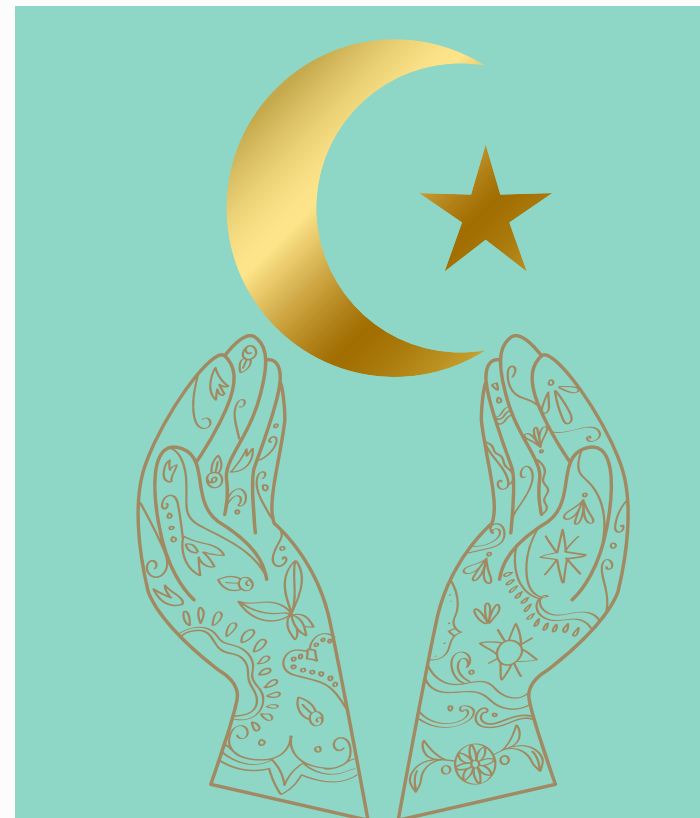
## ELEMENTARY STUDENTS

- **One Green Apple** by Eve Bunting
  - Borrow from local library
  - Watch read aloud [video](#)
  - Discussion: How would you feel if you were in Farah's place?
- **The Proudest Blue** by Ibtihaj Muhammad
  - Borrow from local library
  - Watch read aloud [video](#)
  - Discussion (K-1): What colour would your first hijab be?
  - Discussion (gr. 2-6): How are you the same as or different from other people? How can you learn more about other people?
- **Bilal Cooks Daal** by Aisha Saeed
  - Borrow from local library
  - Watch read aloud [video](#)
  - Discussion (K-1): Have you ever eaten daal? Would you like to try?
  - Discussion (gr. 2-6): Can you make daal using the recipe in the book? What sports are played in Pakistan?



## HIGH SCHOOL STUDENTS

- **Trying to be a “Perfect Muslim” in an Islamophobic World** by Sidrah Maysoon Ahmad
  - Read the [editorial](#)
- **Discussion:** Have you noticed any microaggressions towards your Muslim classmates?
- **14 & Muslim** directed by Wendy Rowland
  - [Read about](#) the documentary and [watch the trailer](#)
  - Watch for free on CBC Gem
- **Discuss** your thoughts and feelings about what you’ve watched
- **What is Islam?** by Cogito YouTube channel
  - Watch the [video](#)
- **Discussion:** Did you learn something new about Islam or Muslim traditions?





## ARSC PARENT TOOLKIT

### ANTI-RACISM SUBCOMMITTEE OF EMSB PC

- **How Bad is Islamophobia in Canada?**

Report from Global News

- Watch the [video](#)

- **Being Muslim in Canada**

by CBC's The National

- Watch the [video](#)
- Read the accompanying article [How Islamophobia is driving young Canadian Muslims to reclaim their identity](#)

**To learn more**, visit PBS Frontline website for information on **[Beliefs and Daily Lives of Muslims](#)**, as well as a [glossary](#) of terms.

Listen to one of our parent's express how recent events in Quebec, including the 2017 Quebec City mosque shooting and Bill 21, affect her experience of Anti-Muslim discrimination.

**Being Muslim in Quebec** by City News

Watch the [video](#)

